



GUS SPORTS PAGE

End of Summer Edition

August 27, 2018

Back To School 2018

Welcome Back! The “GUS Sports Page” is a weekly newsletter from the GUS athletic department. It will be emailed home each Friday during the school year and is also part of the GUS Bulletin. Each edition will have a brief recap of that weeks games and contests and an updated schedule for the upcoming week. Any notifications for students/parents will be here. It will include any changes in scheduled events, any added events, and other information that pertains to GUS athletics past, present, and future.



7th & 8th Grade Fall Sports

Sports for 7th & 8th graders sports are each Monday through Thursday from 2:50-4:00. For the fall each student will need to make his or her choice between playing on the soccer or cross country team. They will have time during the during the first few days of sports to make their final decision, but once it is made they are expected to stick with it. Below are some brief capsules of what they can expect with each sport and also some information or what is expected of them and equipment needs.

Soccer For 7/8 graders there will be one boy’s soccer team and one girl’s soccer team. Jeffrey Bartsch will be back to coach the boys’ team this year, and Bruce Emerson will again lead the girl’s team. Each team has its own schedule of 11/12 games for this fall. Due to the anticipated large numbers of girls playing there may be some adjustments to their schedule. More information will be forth coming once we know the number of girls that choose to play.



For practice each player will need to have shorts or sweatpants, and a t-shirt or sweat shirt. Cleats are desirable and highly recommended, but not required. Shin guards are required for all games and practices. For games, uniform shirts will be provided on game days and each player will also need GUS shorts and dark green soccer socks. Details on shorts and socks are below under uniforms.

Cross Country There will be one 7th & 8th grade coed cross-country team. Amy Billings and Cori Russo will be back to lead the team. The team will have approximately one meet per week, most of which are multi-team meets. There are also two large invitational meets we will run in at the end of the season, The



Jim Munn Invitational in Gloucester and the All State Middle School Meet. More details on these meets as they draw closer.

For daily practices runners will need to have shorts, t-shirts, sweats, and a good pair of running shoes. Jerseys will be provided for each meet and collected after the meet.

5th & 6th Grade Sports

New this year is that fifth and sixth graders will have sports together in the fall and spring. These grades will have sports Mondays through Thursdays from about 1:55-2:45. During the fall they will focus on soccer. We usually schedule a pair of games for the end of the season. Each student will need to have sports clothes for each day, (shorts, t-shirts, cleats and shin guards for soccer). Each fifth and sixth grader will have a locker in the locker room that will share with another student. The details will all be explained at great length to the class when they meet for sports on the first day of school. Bruce Emerson will lead this group.

Expectations

At GUS sports are not an extracurricular activity, they are part of the school program just like every other subject. Our goal is develop teamwork, good sportsmanship, and the skills and knowledge of each sport or activity in which we participate. We compete with other area schools both at GUS and at the other schools. We will travel by chartered school bus to all away games. All students are expected to be in attendance and prepared for all practices and games every day they are in school. Students are evaluated in sports based on their attendance, punctuality, preparedness, attitude, participation and effort. If a student has a planned absence, the coach and/or athletic director needs to be informed in advance (at least the day before but hopefully earlier), otherwise it is considered unexcused.

Uniforms

All 7th & 8th graders who play soccer will need to have "GUS" game shorts. They will be used for all sports throughout the year with the exception of cross country and girls' lacrosse. They are custom made shorts which are black mesh and have GUS imprinted on the leg. The cost of the shorts will be \$25.00, (they are the students to keep). Soccer players must also have dark green soccer socks (\$5.00), that will cover their shin guards. They must be worn for all games. Shorts and socks may be purchased from Bruce Emerson. Soccer game shirts and XC singlets will be provided on game days and collected after the game or meet.

The 5th & 6th graders DO NOT need to purchase the "GUS Shorts" or socks. Game shirts will be distributed for each game and collected by the coach after each game.

Lockers

Each student will have a locker/cubby in his or her locker room in Braemar. Most students will share a locker with another student. It is each student's responsibility to keep his or her locker, and the locker room neat and clean. Also it is a good idea for each student to have all of his/her belongings clearly labeled with their name. What has proven to be the best thing to do is have a duffle or sports bag to put all their belongings in. Then put the bag in your locker.

Schedule of Games & Meets

Attached is the 2018 Fall Athletic Schedule in two different forms. It is also on the GUS website calendar. This is always subject to change and any changes will be noted in the Sports Page.

As always, if you have any questions, please feel free to contact Bruce Emerson, Athletic Director.